## **BILL ANALYSIS**

## Senate Research Center

S.C.R. 2 By: Fraser State Affairs 1/18/2001 As Filed

## **DIGEST**

The State of Texas traditionally has recognized a variety of official state symbols as tangible representations of our state. The bluebonnet, the lightning whelk, and the armadillo are examples of some natural specimens that serve to symbolize the Texas landscape. The pecan tree was recognized as the official state tree in 1919. Pecans contain protein, monounsaturated and polyunsaturated "healthy" oils, carbohydrates, fiber, iron, calcium, phosphorus, zinc, and potassium, as well as Vitamins A, B, C, and E and other antioxidants. Scientific studies have also demonstrated that pecans can lower cholesterol, significantly contributing to improved cardiovascular health, while helping to reduce the risk of cancer. The pecan is grown commercially in more than 70 percent of the state's counties, and Texas provides over a quarter of the nation's pecan crop.

## **PURPOSE**

As proposed, S.C.R. 2 submits the following resolution:

Establishes that the 77th Texas Legislature designates the pecan as the Official State Health Nut of Texas.